

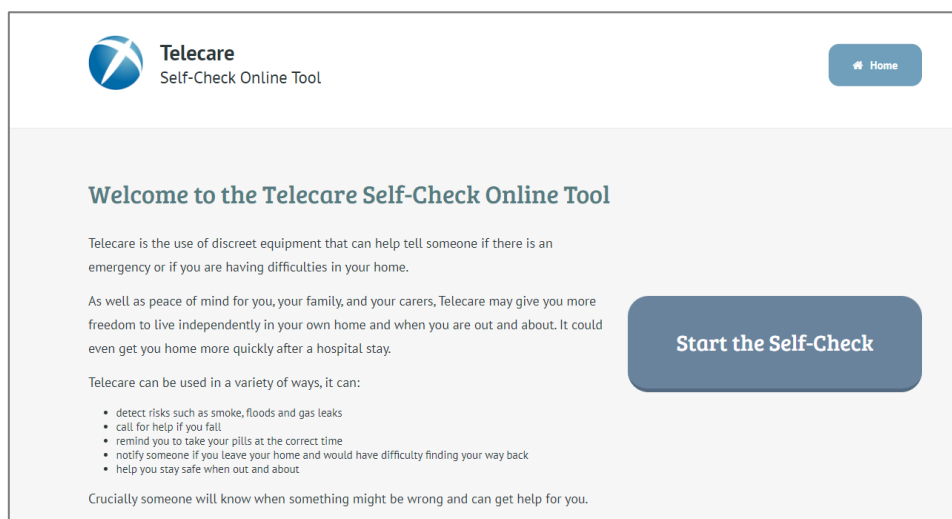
Promoting the use of the Self Check Online Telecare tool

Briefing Note
Nov 2021

Promoting the use of the Telecare Self Check Online Tool

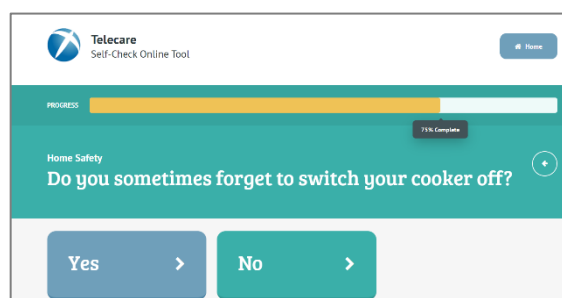
Descriptor

The [telecare self-check online tool](#) is an easy-to-use online resource that provides information about how telecare can support a person to maintain and maximise their independence.



The tool comprises 6 – 12 questions and takes about 5 minutes to complete. Once completed the tool provides information and advice about telecare, based on the answers given. The person is then directed to their local telecare service's webpage for information on how they can make a referral for telecare (sometimes this can be done directly from the website). If the tool is accessed through NHS inform, a short film, 'What is telecare?' can also be viewed.

Promoting the use of the tool has the potential to increase telecare uptake.



Features

- 24/7 online access to the telecare self-check tool enabling individuals, their family, and carers to use the tool when convenient for them.
- People can complete the online tool for themselves or on behalf of someone else.
- No personal details are collected, and information provided is not stored or shared.
- Information and advice given may be saved or printed.
- Individuals can be signposted to the self-check tool from several sites including NHS inform and their local HSCP website.
- The tool can direct people to all HSCP telecare services in Scotland.

Telecare
Self-Check Online Tool

Home

PROGRESS Completed!

100% Complete

What to do next

Telecare could help you maintain a healthy and independent lifestyle at home

From your answers given we would suggest that you may benefit from telecare services to support you maintaining a healthy and independent lifestyle at home. The services offered will depend upon where you live. Select the area in which you live and click the 'Go to local area' button. This will take you directly to the relevant local service who will help you work out what to do next. Scroll down to find helpful advice based upon your answers.

GET HELPFUL ADVICE

Please select a local area first.

GO TO LOCAL AREA

Need help selecting the correct area? [Find local area by postcode.](#)

Benefits

- The self-check tool offers a person choice and flexibility; they are in control and have time to consider whether telecare can support them.
- The self-check tool requires no face-to-face contact for people who are vulnerable or shielding.

Impact

- Increased use of the self-check tool may create capacity for single point of access staff.
- Increased uptake of telecare.

Considerations

- How best to raise awareness and signpost to the telecare self-check tool.
- Making sure referral processes are clear when individuals are directed to the HSCP website.

Potential Costs

The tool is free to use.